SHOUT FAST

Live Your New Year Bold

1 Chronicles 16:11
Look to the Lord and His strength; seek His face always.

2 Timothy 1:7
For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.

1 John 5:3
In fact, this is love for God: to keep His commands, and His commands are not burdensome.

Abundant Living Family Church 2018

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Prayer Works.

There is one subject that everyone agrees upon, saved or unsaved, believer or unbeliever—it’s prayer.

We all agree that prayer is important and essential. We can’t go far in life and be nothing anything outside of prayer.

Many of us want to get good and be better at a lot of stuff, but prayer is probably not on the list.

The devil wants us to be too tired and busy, frustrated and worried, fearful and doubting, distracted and disinterested, that we have no time to pray. But the greatest victory, revelation, experience, manifestation, strength, and comfort come through prayer.

Questions:

1. How long can you go without praying?
2. How long are you able to pray?
3. Have you ever prayed and lost track of time?
4. When are you available to pray, and when are you not?
5. How long does it take you to pray?
6. Have you ever prayed until…?

Today, let’s enjoy this great intimacy, closeness, and love that God wants us to practice and experience—the language of communication called prayer. Let’s get good at it.

Pastor Diego Mesa
PRAY FOR YOUR CITY

PRAY FOR OUR NATION.
DAY 1. PRAY FOR YOUR CITY

If my people who are called by My name will humble themselves, and pray and see My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land.

2 Chronicles 7:14

Everyone can pray to God but the call of prayer is on God’s people (Christians); it is not just a right, but a responsibility. Prayer is the place of humility—surrendering to God’s will and ways. Dependence on God is the answer and source of our lives. It is also the freedom from arrogance, stubbornness, rebellion, disobedience, sin, and pride in our lives. It is the cry of forgiveness. Prayer is the place of seeking God’s face.

Seek means to desire strongly, to pursue, to apprehend, not once or once in a while but everyday in every way. It is the desperate need for God. When we pray right, God promises us He will hear us, He will forgive us, and He will heal us. God also turns us, which means changes us, not only the outside or external part of us, but causes an inward change. Change me, Father!

DAY 2. PRAY FOR OUR NATION

Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God which surpasses all understanding, will guard our hearts and minds through Christ Jesus.

Philippians 4:6, 7

Prayer can never be effective with worry, anxiety, and fret hooked to it. Worry means to choke. Nobody wants choking prayers. Nobody wants to strangle prayers. We are called through prayer, to bring our worries, concerns, burdens, and fears to God. We then leave them, walk away from them, and let God take them. Free your heart and mouth from the worry. Don’t let worry choke the life out of you and your prayers.

SHOUT FAST
Rejoice always, pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you.

1 Thessalonians 5:16-18

“Rejoice always” means learning how to be grateful, not complaining, criticizing or judgmental. “Rejoice always” means learning how to be content and free from restlessness, unhappiness, and frustration, while still believing God for change. “Rejoice always” is learning to celebrate all the little things that God does for us everyday, not just the big stuff, all the stuff that we overlook, ignore, or assume. The things we forget to offer Him the prayer of thanksgiving.

“Pray without ceasing” is praying with a relentless attitude. Praying without slowing down, stopping, or quitting. Praying until the manifestation and change comes. Praying without ceasing means prayer is always appropriate, necessary, and is the answer to everything; we can never stop. Praying without ceasing means everything else will come and go, but prayer is the greatest weapon, asset, pillar, and security in a believer’s life. So don’t ever get tired of praying.

DAY 3. PRAY FOR OUR FAMILIES

Rejoice always, pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you.

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PRAY FOR OUR FAMILIES
One of the greatest benefits of prayer is not necessarily the answer to prayer, even though that is awesome and wonderful and we all want that, but God says when we pray (call upon Him) He will be with us. Now we know if we are Christians, born again, God comes to live in us; therefore, He is with us. The “I will be with you” promise from Jesus is a necessary reminder when in the midst of a great need. The enemy is always trying to get us to question and doubt that God loves and cares for you. When you know and live with absolute confidence in Him that He is with you and cares for you, you no longer are consumed with the challenge or need facing you but are fully persuaded of His omnipresence that He would never leave you nor forsake you.

Know that “God is with us” is a statement that reminds us that God will do everything within His greatness, power, and ability to go to work on our behalf. God will change what needs to be changed, heal what needs to be healed, provide a way of escape from captivity, and God will honor us, promote, elevate, and lift up from destruction.
Day 5. Pray For Healing

Now it came to pass in those days that He went out to the mountain to pray, and continued all night in prayer to God.

Luke 6:12

Sometimes we need to spend a little bit more time in prayer than the normal daily prayer routine. Sometimes the issues, demands, responsibilities, and challenges of the hour and day require us to spend extra time in prayer. When major decisions or choices need to be made, it requires your spending extra time with God in prayer to get a clear direction for your life. Making the right decision may require all night prayer.

God will always visit us extra in places of extra sacrifice. In the verse quoted above, Jesus is about ready to make one of the most important decisions in His ministry—picking the right men to be His disciples. Do you have a major area in your life that you have to make a choice about? You may find the answer in all night prayer.

Day 6. Pray For Spouses

And when He had sent them away, He departed to the mountain to pray.

Mark 6:46

There is a time to send them away. Sending away is a place of isolation, or of distancing yourself from interruptions, disturbances, and bothersome activities. You cannot expect to hear from God while being distracted by other things. Everything is fighting for your attention and time. The quality of your prayer life is your ability to stay focused in prayer and not get restless or distracted. Sending away is your ability to turn off the radio, phone, television, computer, and all other distractions. Sending away is recognizing that nothing is more important to you nor can anything help you more than spending time with God through prayer. Sending away is separating yourself from anything that is a distraction to your faith or the Word of God such as doubt, fear, unbelief, negativity, people, worry, anxiety, cares and confusion. Sending away is knowing that sometimes things need to wait, take a timeout, be put on hold for a minute so that through prayer you can get the strength, wisdom, and victory to function and operate in your life.
Day 7. Pray For Salvations

Father, if it is Your will, take this cup away from me; nevertheless not my will, but Yours, be done.

Luke 22:42

“If it be the Lord’s will” is what and how we should pray for things. First, God’s Word is His will for your life. So, if you can find what you are asking God for in the Bible, then you have a right to believe and claim victory in that particular area. But at the same time, we should pray with God’s will close to our heart. I’m not talking about asking if it’s God’s will for unnecessary things like suffering, pain, and heartache. But bring your request of desire, prosperity, growth, increase, direction, and choices and submit them to God and pray for His will, His way, His method, His how, His when, and His where to be done. Don’t just choose, assume, or decide on your own, but ask God for His choice, His path, and His destiny for your life. Ask God’s will for your money, health, marriage, children, home, car, and everything you do, everything you own, and everything you will be.

Day 8. Pray For Our Globe

Continue earnestly in prayer, being vigilant in it with thanksgiving.

Colossians 4:2

Thanksgiving prayer is praying with the attitude of:

- Knowing and believing that prayer is a privilege and joy to be able to talk to our Heavenly Father.
- Knowing and believing that prayer works when you pray.
- Knowing and believing that God hears and answers us when we pray.
- Knowing and believing that a challenge, problem, weight, care, and burden that we prayed for will be exchanged for God’s power, perseverance, provision, and ability.
- Knowing and believing that we don’t have to keep asking God for the same thing over and over but now we move into thanking God for the answer, victory, testimony, miracle and change.
- Thanksgiving praying is the attitude, action, and confession out of our mouth that after we’ve prayed there is a deep settled sense of peace, confidence, and assurance in the Word of God that is visible. We are not worried or fearful or anxious. We are thankful.
DAY 9. PRAY FOR OUR ELDERLY

Call to me, and I will answer you and show you great and mighty things which you do not know.

Jeremiah 33:3

Call to me. Before we ask or talk to everyone about our challenge or need, we ought to go to our Heavenly Father first, not second, or as our last resort. One of the greatest things we can master as a Christian is to ask, inquire, require or acknowledge God first before we say yes or no to something or believe we have resolved or concluded a matter. Let’s not do first and pray second, but pray first and do second. When we pray, we can believe that God will show us things that we didn’t understand, or God will give us insight, wisdom, and direction that goes beyond our own wisdom, intellect, education, or experience in areas where we don’t know what to do or how to fix it or help it or change it. God promises He will show us things that we will never be able to see, hear, feel, or know without God revealing them to us in prayer.

DAY 10. PRAY AGAINST SLAVERY (SEX TRADE, SELLING, EMOTIONAL)

The grass withers, the flower fades, But the word of our God stands forever.

Isaiah 40:8

Everything in this world is but for a moment. It fades, fails, falls, corrupts, vanishes, and withers. The challenge that you are facing today is described this way and everything else outside of God’s Word withers like grass and fades like the flower—here today and gone tomorrow with no permanence or guarantee. This scripture tells us the Word of God, the promises of God, that which you believe, confess, pray, and read stands forever. The Word of God is more established, stable, without deviation, faltering than anything in the world. God’s Word is a plan for your life that, if believed and trusted, will be what is left standing when the dust settles. Let God’s Word be the standard, law, truth, and rule for your life. Again, build your life on the Word of God for it is the only thing that stands the test of time or any other trial you face. Circumstances must fade and wither, but God’s Word stands forever.
We can pray for boldness when we are shy, intimidated, and lacking confidence in our Christian witness, service, or in our personal lives (our jobs, relationships, or new challenges). We can ask God to make us bolder and to not be ashamed or embarrassed to pray publicly, or ashamed of our faith, but to stand up without compromise in the midst of pressure or interruption, to speak the Word of God, and the promises of God over our lives. We can also pray that God would use us where He wants to use us in the areas of our homes, jobs, neighborhoods, and community giving us boldness to be unashamed of what we believe. We can ask God to help us be more aware of His presence, and His power within us, rather than our shortcomings or limitations. Pray and ask God to give you the boldness to pray for people’s bodies for healing, for signs, and for wonders. Pray and ask God to use you where you have never been used before to bless, minister, and help someone to know the greatness of your God.
DAY 12. PRAY AGAINST POVERTY

He who dwell in the secret place of the Most High shall abide under the shadow of the Almighty. I will say of the Lord, “He is my refuge and my fortress; My God, in Him I will trust.”

Psalm 91:1, 2

Prayer is a secret place, a place of protection, a place of divine safety, a place of security, and a place of separation. It is also a place of great intimacy, closeness, and love between a believer and his God. Prayer is a place of abiding, living, remaining, and dwelling under the shadow of Almighty God as our shelter, covering, canopy of caring, and provision to protect us from hurt, harm, danger, and threats.

Prayer is place of refuge and fortress where God is our defense, offense, defender and protector. Prayer is a place where you say with certainty who God is in your life, and you speak it forth. Last, prayer is a place where you trust God. After you pray for God to protect, watch over, and keep you, you walk in confidence and assurance, trusting God for the things, people, and yourself that need protection from sickness, pain, accidents, danger, violence, losses, and hurts in Jesus’ name.

Therefore take heart, men, for I believe God that it will be just as it was told me.
Acts 27:25

DAY 13. PRAY FOR MENTAL ILLNESS

What God has told you is the key to you taking heart and staying encouraged no matter what. Keep on believing no matter what; be brave no matter what and be confident no matter what. Paul had a word from God just like you have the Bible. God’s Word spoken to you, concerning your circumstance is the word you believe, take hold of, and embrace as truth. Like Paul, we need to believe the Word told to us by God will happen, just as it was told to us through the Bible—exactly, perfectly, accurately, and precisely. That’s pretty definite I would say! The Word was enough for Paul’s heart to be comforted and encouraged in the midst of a raging storm that threatened his life. God always has a Word to sustain us through storms. Our storms are scary, frightening, even overwhelming. But God’s Word has to be more real to us than a storm.
Today we must realize that God’s Word is, and described as, perfect, flawless, and totally accurate. Second, it is called a law. It has authority and dominion, where things are subject to it and must obey it. Next, He called it liberty or freedom from bondages and deception. Notice these three benefits are subject to us continuing in the Word. That means we have to have a consistent and constant relationship with the Word of God—its influence and our obedience to it. We must not be forgetful hearers every time there are conflicts and challenges in our lives that we don’t remember what the Word says it can do or what it will do. Forgetful hearers don’t know, practice, or do what the Bible asks of them. If we do what the Bible asks of us concerning how to handle and respond to a situation, we will be blessed in the outcome of the situation. This scripture says to work into the Word, not just glance or casually observe but see intently, see deeply, see accurately, see by staring, see by keeping it before your mind, and see it by letting it talk to you.

The Bible says if you do that, you will be blessed, happy, prosperous, successful, enjoy good fortune, and have favorable outcomes in what you do.

**James 1:25**

But he who looks into the perfect law of liberty and continues in it, and is not a forgetful hearer but a doer of the work, this one will be blessed in what he does.

**DAY 14. PRAY FOR THE GLOBAL CHURCH (Jesus’ Return, Salvation, Peace, etc.)**
SEEK THE LOST.
TEACH THE FOUND.
SEND THE DISCIPLES.

DAY 15. PRAY FOR YOUR FUTURE

So then faith cometh by hearing, and hearing by the word of God.

Romans 10:17

Faith is trusting God, knowing God, believing God, relying on God, depending on God, and having confidence and assurance in God. This scripture tells us how faith comes, grows, is activated, alive, and becomes more real by hearing constantly and continuously hearing God’s Word over, and over, and over again. It doesn’t say faith comes by having known or having heard the Word of God. Faith comes by a continuous meditation, reading, studying, confessing, and hearing of God’s Word because that’s what overcomes all our doubts, fears, and unbelief that tries to choke out and defeat the Word of God in our lives. Don’t ever get tired of feeding your faith with the Word of God even if you know it, have read it, or heard it before. Keep your faith updated, fresh, and alive by hearing it again. You will be surprised at the continuous revelation, insight, and inspiration that will come because the Word of God is alive! Don’t get bored with hearing the Word. Stay hungry for the Word of God with an attentive, listening, and longing ear.

DAY 16. PRAY FOR YOUR NEIGHBORS

It is the spirit that quickeneth; the flesh profiteth nothing: the words that I speak unto you, they are spirit, and they are life.

John 6:63

The Word of God is spirit and life. Spirit means it is not limited, restricted, or subject to, but is a substance, breath, wind, freshness, way of living, kind of life, air, breeze, supernatural personality of life, healing, health, and wholeness. It is living, alive, giving, generational, and the sustaining substance to anything that is dead, lifeless, or in need of revival. God’s Word has power to bring about the supernatural because it is spirit. It can go where matter, material, or other things can’t go. It can be what matter, materials, or other things can’t be. It can do what matter, materials, and other things can’t do. God’s Word is life. It produces a quality and quantity of life that exceeds, and is not limited to, an abundant, extraordinary, super, great, and awesome life. It brings life to any area that is dead, decaying, sick, not whole, and healthy. That is the power of God’s Word—it is unrestricted and unlimited.
DAY 17. PRAY FOR FUTURE ALFC CAMPUS PLANTS

Who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness—by whose stripes you were healed.

1 Peter 2:24

Today, I know you don't doubt your salvation that was purchased by Jesus. Then today, don’t doubt your healing being finished, done and complete. No matter what you look like, feel like or how long it takes, that’s what Jesus said to believe. That’s what Jesus did, so I’m not going to let the devil rob me of what’s mine through Jesus’ stripes. You might say if healing is mine today, why don’t I show or feel healed? Because sometimes the manifestation of healing takes a process of time. It’s yours, you own it, it is purchased, it is just on its way to be seen.
DAY 18. PRAY AGAINST RACISM

Behold, I will bring it health and healing; I will heal them and reveal to them the abundance of peace and truth.

Jeremiah 33:6

It is always important to personalize verses by inserting your name in the verse. God wants you to have abundant, exceedingly, more than enough, great peace and security when it comes to your health. God says that He will bring you health. He will bring it, order it, and deliver it to you. God also says He brings healing to a specific area in need of it, an area of your body that is deficient, broken, damaged, lifeless or dead. God will bring healing to you. God says “I will” heal my people, not I might, possibly, I can’t, I’ll think about it. No, He says “I will.” I want it for you, but you must receive it, claim it, and confess it by faith in Jesus’ name. “I will bring it” means instantly or over a period of time, but the result is the same. “I will heal them.” __________________________ (Insert your name).
DAY 19. PRAY FOR REAL WITH DIEGO MESA

Light in a messenger’s eyes brings joy to the heart, and good news gives health to the bones.
Proverbs 15:30

A cheerful look brings something to us. It causes something to happen for us. What is a cheerful look? It is our attitude, our perspective, and our countenance. It is a joyful outlook of expectation, hope, and faith regardless of how we feel or what may be happening in our health. This is one of the most important ingredients to receiving our healing. The opposite of a cheerful outlook is to be mad, bitter, angry, depressed, and sad or having a pity party. We have to fight in our minds and not to allow this to happen. Here’s the promise a cheerful attitude gives you or brings: Joy to your heart, good news or a good report, and gives you health, healing and wholeness all the way to our bones. Your bones are where your marrow and blood flows from—down to your bones God wants you healed.
DAY 20. PRAY FOR JERUSALEM

And we know that all things work together for good to those who love God, to those who are called according to His purpose.

Romans 8:28

We must know, understand, believe, and comprehend that all things, good or bad, expected or unexpected, terrible or great, can and will work together for good, not bad, terrible, destructive, or wasteful. Today, know God takes the yuck of your life and turns it into yums. Like a recipe, the ingredients left alone don’t taste good, but when mixed together or combined they turn out great. That’s what God does with all these things in your life that seem nasty, terrible, and unredeemable. But there’s a key that unlocks God’s promises of His love, presence, and peace for those who love God, and stay in love with God, through their attacks or pains and don’t get bitter or mad at God. Also, the release of His power comes to those who submit, trust, give it to God, and believe for a God-purpose to come forth in their lives. Let God control and lead you through what you are going through.
DAY 21. PRAY FOR YOUR 2018

Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you.

Luke 10:19

In the same way Jesus gave His disciples power, authority, and ability over the devil's attacks against them, and others, Jesus has also delegated authority to us. The authority He possesses is given to us as His representatives on this earth, to act on His behalf as ministers and agents of Heaven's power, authority, and will. You see, when the devil tries to resist or renounce our ability to confront and combat him, we must know that he can't because we operate in the same authority as Jesus. The devil wants us to think we don't have a say so in a matter by convincing and forcing his will on us to steal, kill, and destroy us. Serpents and scorpions represent the devil and all his weapons, attacks, and devices used to torment people. The Bible says we have authority over all the powers of the devil and nothing he does will defeat us or should cause us to be fearful. We read in scripture that Jesus was victorious over all the power of the devil, so we too, who are His followers, have been given this authority as a disciple and child of Jesus. So hold your ground. Keep your shield up and your sword drawn knowing nothing will hurt you.
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